

Welcome to Cagliari!



Second in-person Meeting of the Network of Rotary Eco, Environment and Green Clubs

23-25 October 2026

Dear Friends,

Every year, clubs and districts promote public service projects and activities that address real needs or emergencies within our society. The event organized by the Network of Rotary Eco, Environment and Green Clubs is addressed to give our partners the opportunity to become part of a broader context and, within their own local areas, act as standard-bearers and spokespersons for major public interest initiatives.

These considerations apply particularly to international projects. Within each theme of Environmental Sustainability, it is possible to identify similar categories and projects that are virtually similar in terms of their objectives, planning and implementation practices. Synergies between projects will form the basis and driving force behind partnerships, agreements and collaborations among Rotary Clubs and with public authorities and private funders.

Our second in-person meeting, that will take place in Cagliari, Sardinia, Italy from 9 to 11 October 2026 is aimed to foster professional connections, create opportunities for collaboration, and promote the exchange of ideas and knowledge. We would like to promote genuine, lasting relationships that can lead to taking on the challenge of major environmental projects. It will be a unique setting for networking, offering us the chance to meet face to face. We will do our best to make it extremely valuable, enabling us to share experiences, knowledge and resources, and to forge connections that can have a significant impact.

We are thrilled to welcome you to Cagliari! Whether you're arriving from near or far, this guide will provide you with some essential information you need to know about the city, how to get around, and all the important details about the event.



Alessio GRAZIETTI
President Rotary Club
Cagliari

Meeting o



Mario FIGUS
Rotary Club Cagliari
President of Green Rotary
Committee



o, Envi Luca MARCHESI
Rotary Club Eco Milano
Coordinator of Rotary Eco
Club Network

Before proceeding with the details some important info on how the event is organized:

- **Hotel accommodation:** you are in charge of making your own reservation and pay directly to the hotel. The hotels listed below are informed and have rooms for Rotary guests for the period of the meeting. You should contact them, make a reservation and pay for the room. In case you prefer something different, there are still plenty of accommodations available for the weekend, in hotels or apartments. Our recommendation is to reserve your spot as soon as possible to avoid problems.
- **Dinner and lunch:** please inform us in advance how many participants we need to expect for each dinner and lunch. We will select the venues and make reservations when the amount of guests that we need to accommodate will be known. A fixed price menu will be arranged and you will have to pay directly at the restaurant or we will collect the money from you. Please inform us if you have special dietary requirements.
- **Communication:** in order to have a quick way to communicate with you we would like to set up a WhatsApp group for all the participants. If you want to share with us your mobile number we will arrange it for you. Please notice that your phone number will be shared with all other participants.
- **Please inform us** in advance about:
 - o when you will arrive
 - o how many you are
 - o which activities, lunch and dinner and social events, you want to attend
 - o if you have special dietary requirements
 - o if you want to present a project during the Club meeting
 - o phone number (optional)

Depending on the overall number of participants we might need to adapt the different venues.

Event Information:

We are excited to bring together Eco, Environment, and Green Rotary Clubs, for a three days event filled with collaboration, learning, and fun!
Below some information about Cagliari.

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CAGLIARI



Cagliari is a municipality with a population of 145,901, the capital of the autonomous region of Sardinia. The population of its functional urban area, the Cagliari commuter zone, is approximately 462,000. Cagliari is the 27th most populous city in Italy and the most populous on the island of Sardinia.

Home to a university and an archdiocese, and a city with a history stretching back thousands of years, it is the island's historic administrative centre, having been, under the name of Caralis, the capital of the province of Sardinia et Corsica during the Roman period, and then the capital and seat of the estates of the Kingdom of Sardinia from 1324/1355 to 1847. In 2015, it was named Italian Capital of Culture.

The people of Cagliari have a deep love for their city and are convinced that being born and living there is a great blessing.

They're not entirely wrong: Cagliari has a lot to offer and it's a great place to live. With its long coastline with crystal-clear waters, its many parks and gardens, and its relaxing pedestrian areas, it hosts a vibrant cultural and social life.

The squares - Yenne, Savoia, Santa Croce, Gramsci and the Bastione Saint Remy - seem to be in a festive mood every evening, with young and old alike gathering for an aperitif or dinner, seated at outdoor tables whatever the season.

In the four historic districts - Castello, Villanova, Marina and Stampace - it's easy to find quiet corners to relax in.

In the event of thunderstorms or extreme heat, you can stroll beneath the arcades of Via Roma or along the covered promenade, accessed via the steps of the Bastion of Saint Remy. This is the city's historic 'salon', with its elegant arches and the archaeological walkways of the Galleria dello Sperone.

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Throughout the year, visitors can view exhibitions or take part in cultural debates in these covered spaces. Another venue with covered areas, terraces and a very pleasant inner courtyard is the Exma, the former public abattoir. As well as being the perfect spot for a coffee or a quick lunch, you can visit art exhibitions, listen to live music and attend events.

Cagliari is a green city, with parks, gardens and tree-lined avenues featuring beautiful blooms, such as the many jacarandas in Largo Carlo Felice and on various streets in the city centre, whose purple flowers colour the streets like 'sa ramadura' during major festivals.

A stroll through the Botanical Gardens - which cover 5 hectares and are home to around 2,000 plant species, including Mediterranean and tropical varieties, as well as a vast array of succulents - is almost like a Zen meditation.

In his book **The Soul of Cities**, Jan Brokken describes Cagliari, beginning with the very same botanical gardens, which were directed in the early 1900s by Eva Mameli, the mother of the writer Italo Calvino.

From Monteclaro Park, situated on one of the city's seven hills, the library within is quiet and light-filled and is very popular with students from the nearby universities.

The panoramic Su Siccu cycle and footpath links the Port of Cagliari to the Molentargius-Saline Regional Nature Park, passing through what is considered the city's first open-air contemporary art gallery. Along the promenade, you'll find bars and kiosks, as well as the Galleria del Sale, renowned for its many works of street art. You arrive at the park on the site of the former salt pans, now a nature reserve home to numerous species of birds, with pink flamingos leading the way.

On the way back, a stop at Poetto is a must - the beach favoured by the people of Cagliari, which is popular all year round with swimmers and surfers who aren't put off by the cold. Kiosks and restaurants line the six-kilometre stretch of beach.

The iconic spot is the Sella del Diavolo, a natural promontory nestled in the Gulf of Cagliari. A four-kilometre hike - which is not too demanding with the right footwear - leads to the summit: from up there, you can admire the small bay of Cala Fighera, the Gulf of the Angels, the Torre dei Segnali with the Cala Mosca Lighthouse, and the Stagno di Cagliari.

The route is well signposted with the yellow-green markings of the CAI trails and is also well worth a visit for those with an interest in archaeology and history: amongst the Mediterranean scrub of San Pietro's palm trees, wild olive trees and junipers, you'll come across the remains of a Second World War fort and the Torre di Sant'Elia, built by the Pisans in 1292.

To discover the true heart of the city, it's well worth exploring it on foot, neighbourhood by neighbourhood, even without a specific destination in mind: you're bound to make plenty of 'chance' discoveries.

In Villanova, the old bakers' quarter which is almost entirely pedestrianised, you can stroll amidst the greenery. The low-rise houses, with few balconies or terraces, encourage residents to bring greenery out onto the pavements. In the evening, the

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neighbourhood comes alive: Piazza San Domenico fills with outdoor tables, and bars and restaurants remain bustling until late into the night, attracting a mix of locals and visitors.

Don't miss the Guzmán Gallery Art & Drinks, with outdoor tables beneath the trees in the square and modern art exhibitions inside, where the cuisine blends Sardinian and Lebanese influences.

It is called "Women Without Faces" and is located at 41 Via Arquer - the art gallery created by Mabi Sanna. The artist, a civil lawyer, has brought together her creative friends to transform Via Arquer into a small village with shops, workshops and exhibition spaces. She paints her captivating "faceless women" and weaves ribbons and velvet into the backs of chairs, evoking the upright and proud postures of Sardinian women. On the same street, you'll also find 41condiviso, a studio shared by four artists who combine design and art to create unique objects - little snippets of Sardinia. On the walls are ceramic homeware, glass and metal jewellery, hand-crafted botanical prints and sustainable accessories such as macramé bags.

HOTEL INFORMATION

For your convenience, here are some options that we have selected for you.

These hotels are waiting for Rotary guests for the weekend. A special welcome might be expected if you let them know that you will attend the Network of Rotary Eco Club Meeting:

Boutique Hotel Carlo Felice

Largo Carlo Felice, 78 Cagliari

Located in the centre of Cagliari Boutique Hotel Carlo Felice offers beautiful views of the city. The most famous nearby attractions include the Church of Saint Michael, the Elephant Tower and the University of Cagliari. The hotel also provides free Wi-Fi, as well as an airport shuttle service for a fee. This hotel offers guests air-conditioned rooms featuring a wardrobe, a coffee machine, a minibar and a safe. There is also a flat-screen TV and a private bathroom with a bidet. Boutique Hotel Carlo Felice offers some rooms with a terrace, and all rooms include an electric kettle.

Double room: 125 Euro



THotel

Via dei Giudicati, 66 Cagliari

Located in the centre of Cagliari, opposite the Teatro Lirico, the UNA HOTELS T Hotel Cagliari is an ultra-modern hotel offering contemporary-style rooms, an elegant bar, free Wi-Fi throughout the building and the T SPA wellness area with hydrotherapy. The spacious and bright rooms feature wooden floors, air conditioning, a radio, satellite TV, a minibar and a modern bathroom.



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An English breakfast is served every morning, whilst the bistro offers snacks and hot dishes at lunchtime. In the evening, you can enjoy Sardinian and Italian specialities at the T Restaurant and relax at the bar with live piano music.

The UNA HOTELS T Hotel Cagliari features a modern gym and the Acqua Journey wellness centre, complete with a hydrotherapy pool, steam rooms, chromotherapy showers and a relaxation area with a selection of herbal teas. The hotel is located 1.5 km from Cagliari Cathedral, a 10-minute drive from Poetto Beach and 10 km from Cagliari-Elmas Airport.

Double room: 175 Euro

Locanda dei buoni e dei cattivi

Via Vittorio Veneto, 96 Cagliari

Located in Cagliari, 1.4 km from the main railway station, the Locanda dei Buoni e Cattivi is an elegant 1960s villa offering a garden, a restaurant with a terrace, air-conditioned accommodation and free Wi-Fi. Rooms at the Locanda feature tiled or parquet floors and a private bathroom with a bath or shower. Most rooms boast brightly coloured interiors, and some include a balcony or terrace.



An Italian-style breakfast is served each morning, featuring hot drinks, homemade pastries and a variety of sweet treats, whilst the restaurant serves organic produce.

You can enjoy relaxing moments in the small library or the spacious communal lounge, which features a flat-screen TV and a computer area with a free printer. The property is 1.5 km from the Port of Cagliari and a 10-minute drive from the city's airport.

Double room: 135 Euro

All transfers will be by bus and the total amount of all the necessary transfers will be determined as soon as we can estimate the number of guests.

Partners and Family Members

We are pleased to welcome partners and family members to the event! While they are invited to join us for most activities, please note that during the Eco Clubs Meeting transfer to the shopping areas in Cagliari or to the Poetto Beach will be organized.

All events, including the cultural visit, open-air eco-activity, and social events, are open to everyone.

Attire and Weather

Given the informal nature of the event and the open-air activity on Saturday and Sunday, we recommend wearing **comfortable and casual attire** that is appropriate for outdoor activities. Please dress according to the weather, and bring layers in case of changing conditions. Comfortable shoes are highly recommended for walking and outdoor engagement.

If you have an official t-shirt or sweatshirt from your club there will be no better occasion to wear it!

Don't forget to check the weather before departure. Spring weather in Milano can be fantastic, but also unpredictable.

Important Links and Contacts

- **Event Contact:** ecoclubnetwork@gmail.com
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HOW TO GET TO CAGLIARI

- **By Air:**

Cagliari is served by its airport

- **Cagliari Elmas:** 15 minutes from the city center by train or taxi.
You can reach Cagliari's central train station or your hotel using taxis, shuttles, or public transportation available at the airport.

We look forward to meeting you in Cagliari! If you have any questions or need assistance, please don't hesitate to reach out. Together, let's make this event a meaningful and impactful experience in support of sustainability!

See you soon in Cagliari!
